

North Queensland Regional Development Time Standards

Female 12-13 years												
Events	Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50 Free	00:26.97	4.5%	27.43	30.31	00:27.78	7.5%	28.55	31.55	00:28.7	11.0%	29.42	32.50
100 Free	00:58.62	6.0%	58.90	1:05.08	01:00.25	8.5%	1:01.30	1:07.73	01:02.30	12.0%	1:03.16	1:09.79
200 Free	02:06.97	4.5%	2:09.22	2:22.77	02:12.02	8.5%	2:14.48	2:28.58	02:14.50	10.5%	2:18.56	2:33.10
400 Free	04:27.35	5.0%	4:30.84	4:59.26	04:39.06	9.0%	4:41.87	5:11.44	04:42.20	10.5%	4:50.43	5:20.90
800 Free	09:12.72	6.5%	9:11.79	10:09.67	09:30.12	9.5%	9:34.25	10:34.48	09:44.00	12.0%	9:51.69	10:53.76
100 Back	01:06.06	7.5%	1:05.21	1:12.05	01:09.14	12.0%	1:07.86	1:14.98	01:11.00	15.0%	1:09.92	1:17.26
200 Back	02:22.71	7.5%	2:21.15	2:35.96	02:27.41	10.5%	2:26.90	2:42.30	02:31.50	13.5%	2:31.36	2:47.24
100 Breast	01:14.56	7.5%	1:13.54	1:21.26	01:18.12	12.5%	1:16.54	1:24.56	01:21.00	16.0%	1:18.86	1:27.13
200 Breast	02:39.66	6.0%	2:39.67	2:56.41	02:48.76	12.0%	2:46.17	3:03.60	02:54.00	15.0%	2:51.21	3:09.17
100 Butterfly	01:03.96	7.0%	1:03.56	1:10.22	01:06.63	11.0%	1:06.15	1:13.09	01:09.00	14.5%	1:08.16	1:15.31
200 Butterfly	02:21.03	6.5%	2:20.90	2:35.67	02:29.49	12.0%	2:26.63	2:42.01	02:33.20	13.0%	2:31.08	2:46.93
200 Medley	02:23.32	6.0%	2:23.43	2:38.48	02:30.18	11.0%	2:29.27	2:44.93	02:32.00	12.0%	2:33.81	2:49.94
400 Medley	05:05.36	6.5%	5:04.71	5:36.68	05:18.96	11.0%	5:17.12	5:50.38	05:28.80	14.0%	5:26.75	6:01.02
	Gold	6.2%	6%	16%	Silver	10.4%	10%	20%	Bronze	13.0%	13%	23%



Female 14 Years												
Events	Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50 Free	00:26.48	2.5%	27.16	30.01	00:27.17	5.5%	28.27	31.23	00:28.30	8.5%	29.13	32.18
100 Free	00:57.67	4.0%	58.32	1:04.43	00:59.26	7.0%	1:00.69	1:07.06	01:01.30	9.5%	1:02.53	1:09.09
200 Free	02:04.59	2.5%	2:07.93	2:21.35	02:11.57	8.0%	2:13.14	2:27.11	02:12.50	7.5%	2:17.19	2:31.58
400 Free	04:20.65	2.5%	4:28.16	4:56.28	04:35.28	8.0%	4:39.07	5:08.35	04:37.80	8.0%	4:47.55	5:17.71
800 Free	09:02.47	4.5%	9:06.31	10:03.61	09:21.55	8.0%	9:28.55	10:28.19	09:34.00	9.0%	9:45.82	10:47.27
100 Back	01:04.68	5.5%	1:04.56	1:11.33	01:07.25	9.5%	1:07.19	1:14.24	01:10.20	12.5%	1:09.23	1:16.49
200 Back	02:19.72	5.0%	2:19.75	2:34.41	02:27.02	10.5%	2:25.44	2:40.69	02:29.20	11.0%	2:29.86	2:45.58
100 Breast	01:12.97	5.5%	1:12.81	1:20.45	01:17.10	11.0%	1:15.78	1:23.73	01:20.50	14.5%	1:18.08	1:26.27
200 Breast	02:39.11	6.0%	2:38.08	2:54.66	02:46.36	10.5%	2:44.52	3:01.77	02:52.00	13.5%	2:49.51	3:07.29
100 Butterfly	01:02.44	4.5%	1:02.93	1:09.53	01:05.04	8.5%	1:05.49	1:12.36	01:07.80	12.0%	1:07.48	1:14.56
200 Butterfly	02:17.08	3.5%	2:19.50	2:34.13	02:24.76	9.0%	2:25.18	2:40.40	02:32.20	11.0%	2:29.59	2:45.28
200 Medley	02:20.82	4.5%	2:22.01	2:36.91	02:27.20	9.0%	2:27.79	2:43.29	02:30.70	10.5%	2:32.28	2:48.25
400 Medley	04:58.39	4.0%	5:01.69	5:33.33	05:16.93	10.0%	5:13.97	5:46.90	05:22.00	10.0%	5:23.51	5:57.44
	Gold	4.2%	5%	15%	Silver	8.8%	9%	19%	Bronze	10.6%	12.0%	22%
											Blue	13.3%
												15%
												25%

Female 15 years												
Events	Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50 Free	00:26.38	2.5%	26.89	29.71	00:26.99	4.5%	27.99	30.92	00:28.10	8.5%	28.84	31.86
100 Free	00:57.22	3.5%	57.74	1:03.79	00:59.11	6.5%	1:00.09	1:06.39	01:00.80	9.5%	1:01.91	1:08.41
200 Free	02:02.49	1.0%	2:06.66	2:19.95	02:07.71	5.0%	2:11.82	2:25.65	02:11.00	7.5%	2:15.82	2:30.07
400 Free	04:19.64	2.0%	4:25.49	4:53.34	04:29.64	6.0%	4:36.30	5:05.29	04:35.00	8.0%	4:44.70	5:14.56
800 Free	08:56.71	3.5%	9:00.89	9:57.62	09:16.98	7.0%	9:22.90	10:21.95	09:27.00	9.0%	9:40.00	10:40.84
100 Back	01:04.09	4.5%	1:03.92	1:10.63	01:06.91	9.0%	1:06.52	1:13.50	01:09.50	12.5%	1:08.54	1:15.73
200 Back	02:17.77	4.0%	2:18.36	2:32.88	02:25.85	9.5%	2:23.99	2:39.10	02:28.30	11.0%	2:28.37	2:43.93
100 Breast	01:12.75	5.0%	1:12.09	1:19.65	01:16.45	10.0%	1:15.02	1:22.89	01:20.00	14.5%	1:17.30	1:25.41
200 Breast	02:37.84	5.0%	2:36.51	2:52.93	02:46.00	10.0%	2:42.88	2:59.97	02:51.50	13.5%	2:47.83	3:05.44
100 Butterfly	01:01.85	3.5%	1:02.31	1:08.84	01:04.70	8.0%	1:04.84	1:11.65	01:07.30	12.0%	1:06.81	1:13.82
200 Butterfly	02:16.97	3.5%	2:18.11	2:32.60	02:24.60	9.0%	2:23.73	2:38.81	02:28.00	11.0%	2:28.10	2:43.64
200 Medley	02:19.51	3.5%	2:20.60	2:35.35	02:24.38	6.5%	2:26.32	2:41.67	02:29.50	10.5%	2:30.77	2:46.58
400 Medley	04:57.99	4.0%	4:58.69	5:30.02	05:11.51	8.5%	5:10.85	5:43.46	05:16.50	10.0%	5:20.30	5:53.89
	Gold	3.5%	4%	14%	Silver	7.7%	8.0%	18%	Bronze	10.6%	11.0%	21%
											Blue	13.3%
												14%
												24%

Female 16 Years												
Events	Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50 Free	00:25.77	0.0%	26.62	29.42	00:26.85	4.0%	27.71	30.62	00:27.80	7.5%	28.55	31.55
100 Free	00:56.58	2.0%	57.17	1:03.16	00:58.46	5.5%	59.49	1:05.73	01:00.20	8.5%	61.30	1:07.73
200 Free	02:02.36	1.0%	2:05.41	2:18.56	02:07.53	5.0%	2:10.51	2:24.20	02:10.00	7.0%	2:14.48	2:28.58
400 Free	04:15.45	0.5%	4:22.86	4:50.43	04:28.22	5.5%	4:33.56	5:02.26	04:32.00	6.5%	4:41.87	5:11.44
800 Free	08:49.62	2.0%	8:55.52	9:51.69	09:08.70	5.5%	9:17.32	10:15.78	09:20.00	7.5%	9:34.25	10:34.48
100 Back	01:03.49	3.5%	1:03.29	1:09.92	01:05.89	7.5%	1:05.86	1:12.77	01:09.30	12.5%	1:07.86	1:14.98
200 Back	02:16.45	3.0%	2:16.99	2:31.36	02:24.54	8.5%	2:23.57	2:37.52	02:27.80	11.0%	2:26.90	2:42.30
100 Breast	01:12.72	5.0%	1:11.37	1:18.86	01:16.32	10.0%	1:14.28	1:22.07	01:19.50	14.0%	1:16.54	1:24.56
200 Breast	02:37.34	5.0%	2:34.96	2:51.21	02:45.72	10.0%	2:41.27	2:58.18	02:50.50	13.0%	2:46.17	3:03.60
100 Butterfly	01:01.76	3.5%	1:01.69	1:08.16	01:04.34	7.5%	1:04.20	1:10.93	01:06.60	11.0%	1:06.15	1:13.09
200 Butterfly	02:16.03	2.5%	2:16.74	2:31.08	02:23.95	8.5%	2:22.31	2:37.24	02:27.50	11.0%	2:26.63	2:42.01
200 Medley	02:18.69	3.0%	2:19.20	2:33.81	02:24.05	6.5%	2:24.87	2:40.07	02:29.00	10.0%	2:29.27	2:44.93
400 Medley	04:54.73	3.0%	4:55.73	5:26.75	05:08.80	7.5%	5:07.77	5:40.05	05:14.00	9.5%	5:17.12	5:50.38
	Gold	2.6%	3%	13%	Silver	7.0%	7%	17%	Bronze	9.9%	10%	20%
											Blue	12.0%
												13%
												23%

Female 17-18 Years												
Events	Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50 Free	00:25.62	0.0%	26.36	29.13	00:26.78	4.0%	27.43	30.31	00:27.50	6.5%	28.27	31.23
100 Free	00:55.59	1.0%	56.60	1:02.53	00:58.21	5.0%	58.90	1:05.08	01:00.00	8.0%	60.69	1:07.06
200 Free	02:00.52	0.0%	2:04.16	2:17.19	02:06.05	4.0%	2:09.22	2:22.77	02:09.00	6.0%	2:13.14	2:27.11
400 Free	04:14.64	0.0%	4:20.25	4:47.55	04:25.75	4.5%	4:30.84	4:59.26	04:30.00	6.0%	4:39.07	5:08.35
800 Free	08:49.51	2.0%	8:50.20	9:45.82	09:08.54	5.5%	9:11.79	10:09.67	09:10.00	6.0%	9:28.55	10:28.19
100 Back	01:03.27	3.0%	1:02.66	1:09.23	01:05.47	6.5%	1:05.21	1:12.05	01:08.80	11.5%	1:07.19	1:14.24
200 Back	02:16.20	2.5%	2:15.63	2:29.86	02:23.32	8.0%	2:21.15	2:35.96	02:27.80	11.0%	2:25.44	2:40.69
100 Breast	01:11.33	3.0%	1:10.67	1:18.08	01:15.07	8.5%	1:13.54	1:21.26	01:19.00	13.5%	1:15.78	1:23.73
200 Breast	02:33.42	2.0%	2:33.42	2:49.51	02:43.07	8.5%	2:39.67	2:56.41	02:49.00	12.0%	2:44.52	3:01.77
100 Butterfly	01:00.81	2.0%	1:01.08	1:07.48	01:03.30	6.0%	1:03.56	1:10.22	01:06.50	11.0%	1:05.49	1:12.36
200 Butterfly	02:15.76	2.5%	2:15.38	2:29.89	02:22.53	7.5%	2:20.90	2:35.67	02:27.00	8.5%	2:25.18	2:40.40
200 Medley	02:16.67	1.5%	2:17.82	2:32.28	02:23.86	6.5%	2:23.43	2:38.48	02:28.00	9.5%	2:27.79	2:43.29
400 Medley	04:50.88	1.5%	4:52.79	5:23.51	05:08.25	7.5%	5:04.71	5:36.68	05:10.00	8.0%	5:13.97	5:46.90
	Gold	1.6%	2%	12%	Silver	6.3%	6%	16%	Bronze	9.0%	9%	19%

Female Open												
Events	Gold	% WC	BSA QT	NQ QT	Silver	% WC	BSA QT	NQ QT				

North Queensland Regional Development Time Standards



		Male 12-13 years											
Events		Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50	Free	00:25.38	11.0%	25.65	28.49	00:26.40	15.0%	26.70	29.50	00:27.30	18.5%	27.51	30.40
100	Free	00:55.66	11.0%	56.32	1:02.54	00:57.66	14.5%	58.62	1:04.77	00:59.50	17.5%	1:00.40	1:06.73
200	Free	02:01.17	9.5%	2:04.60	2:18.35	02:07.31	14.5%	2:09.67	2:23.27	02:09.40	16.0%	2:13.61	2:27.62
400	Free	04:17.62	9.5%	4:24.19	4:53.37	04:30.42	14.5%	4:34.95	5:03.79	04:33.00	15.5%	4:43.30	5:13.02
800	Free	08:57.86	10.5%	9:06.19	10:06.50	09:14.29	13.5%	9:28.42	10:28.05	09:35.00	17.5%	9:45.69	10:47.12
1500	Free			17:24.00	19:19.28			18:06.50	20:00.46			18:39.50	20:36.93
100	Back	01:02.63	13.0%	62.26	1:09.14	01:06.33	18.5%	64.80	1:11.60	01:08.60	22%	1:06.77	1:13.77
200	Back	02:16.68	12.0%	2:17.07	2:32.21	02:23.65	17.0%	2:22.65	2:37.62	02:28.00	20.0%	2:26.99	2:42.41
100	Breast	1:10.88	13.5%	1:09.87	1:17.59	1:13.46	17.5%	1:12.72	1:20.34	01:18.20	23.5%	1:14.93	1:22.79
200	Breast	02:34.11	13.5%	2:32.55	2:49.39	02:40.19	17.0%	2:38.76	2:55.41	02:48.00	22.0%	2:43.58	3:00.74
100	Butterfly	01:00.89	13.0%	60.51	1:07.19	01:03.38	17.5%	62.97	1:09.57	01:06.20	21.5%	1:04.88	1:11.69
200	Butterfly	02:15.98	12.5%	2:15.72	2:30.71	02:21.80	15.0%	2:21.25	2:36.06	02:28.90	21.5%	2:25.54	2:40.80
200	Medley	02:17.35	11.5%	2:18.27	2:33.54	02:24.85	17.0%	2:23.90	2:38.99	02:28.20	19.0%	2:28.27	2:43.82
400	Medley	04:54.35	11.0%	4:58.96	5:31.97	05:05.49	14.5%	5:11.13	5:43.76	05:20.00	19.0%	5:20.58	5:54.20
		Gold	11.7%	12%	22%	Silver	15.8%	16%	26%	Bronze	19.5%	19%	29%
Male 14 Years													
Events		Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	New QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50	Free	00:24.51	7.5%	24.65	27.24	00:25.56	12.0%	25.65	28.35	00:26.30	14.5%	26.43	29.21
100	Free	00:53.92	8.0%	54.12	59.80	00:55.57	11.0%	56.32	1:02.23	00:57.40	14.0%	58.04	1:04.12
200	Free	01:57.21	6.0%	1:59.72	2:12.28	02:03.25	11.0%	2:04.60	2:17.67	02:05.50	13.0%	2:08.38	2:21.85
400	Free	04:08.71	6.0%	4:13.86	4:40.49	04:21.13	11.0%	4:24.19	4:51.91	04:24.00	12.0%	4:32.22	5:00.78
800	Free			8:44.82	9:39.88			9:06.19	10:03.48			9:22.78	10:21.81
1500	Free	16:31.68	7.0%	16:43.16	18:28.39	17:09.77	11.0%	17:24.00	19:13.51	17:20.00	12.0%	17:55.71	19:48.55
100	Back	00:59.93	8.5%	59.83	1:06.10	01:03.19	13.0%	62.26	1:08.80	01:06.00	18.0%	1:04.16	1:10.89
200	Back	02:10.59	7.5%	2:11.71	2:25.53	02:16.21	11.5%	2:17.07	2:31.45	02:22.00	16.0%	2:21.24	2:36.05
100	Breast	01:08.49	10.0%	1:07.14	1:14.18	01:11.21	14.0%	1:09.87	1:17.20	01:14.8	19.0%	1:12.00	1:19.55
200	Breast	02:26.52	8.0%	2:26.58	2:41.96	02:35.30	14.0%	2:32.55	2:48.55	02:42.00	18.5%	2:37.18	2:53.67
100	Butterfly	00:57.83	7.5%	58.14	1:04.24	01:00.67	12.5%	60.51	1:06.85	01:03.00	16.5%	1:02.34	1:08.88
200	Butterfly	02:09.60	7.5%	2:10.41	2:24.09	02:15.37	12.0%	2:15.72	2:29.96	02:22.00	17.0%	2:19.84	2:34.51
200	Medley	02:13.03	8.5%	2:12.86	2:26.80	02:18.95	12.5%	2:18.27	2:32.77	02:22.50	15.5%	2:22.47	2:37.41
400	Medley	04:43.13	7.0%	4:47.26	5:17.40	04:54.02	10.5%	4:58.96	5:30.32	05:03.00	13.5%	5:08.04	5:40.35
		Gold	7.6%	8.0%	18%	Silver	12.0%	12.0%	22%	Bronze	15.3%	15%	25%
Male 15 Years													
Events		Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50	Free	00:23.85	5.0%	23.92	26.43	00:24.90	9.0%	24.80	27.51	00:25.60	12.0%	25.65	28.35
100	Free	00:52.04	4.5%	52.53	58.04	00:54.26	8.5%	54.66	1:00.40	00:55.60	11.0%	56.32	1:02.23
200	Free	01:54.90	4.0%	1:56.19	2:08.38	01:58.30	7.0%	2:00.92	2:13.61	02:01.30	9.5%	2:04.60	2:17.67
400	Free	04:00.61	3.0%	4:06.38	4:32.22	04:11.88	7.5%	4:16.41	4:43.30	04:17.00	9.5%	4:24.19	4:51.91
800	Free			8:29.35	9:22.78			8:50.09	9:45.69			9:06.19	10:03.48
1500	Free	16:01.87	4.0%	16:13.59	17:55.71	16:46.46	8.5%	16:53.22	18:39.50	17:00.00	10.0%	17:24.00	19:13.51
100	Back	00:58.67	6.5%	58.06	1:04.16	01:01.45	11.0%	1:00.43	1:06.77	01:04.00	15.0%	62.26	1:08.80
200	Back	02:05.98	4.0%	2:07.83	2:21.24	02:12.34	9.0%	2:13.03	2:26.99	02:18.00	13.0%	2:17.07	2:31.45
100	Breast	01:06.37	7.0%	1:05.16	1:12.00	01:09.34	11.5%	1:07.81	1:14.93	01:12.80	16.5%	1:09.87	1:17.20
200	Breast	02:24.56	7.0%	2:22.26	2:37.18	02:31.92	12.0%	2:28.05	2:43.58	02:39.00	16.5%	2:32.55	2:48.55
100	Butterfly	00:56.48	6.0%	56.43	1:02.34	00:59.17	10.0%	58.72	1:04.88	01:01.00	13.0%	60.51	1:06.85
200	Butterfly	02:05.63	4.5%	2:06.57	2:19.84	02:13.22	10.5%	2:11.72	2:25.54	02:17.50	13.5%	2:15.72	2:29.96
200	Medley	02:08.47	5.0%	2:08.94	2:22.47	02:14.71	9.5%	2:14.19	2:28.27	02:19.50	13.0%	2:18.27	2:32.77
400	Medley	04:33.71	3.5%	4:38.79	5:08.04	04:48.26	8.5%	4:50.14	5:20.58	04:56.00	11.5%	4:58.96	5:30.32
		Gold	4.9%	5.0%	15%	Silver	9.4%	9%	19%	Bronze	12.6%	12%	22%
Male 16 Years													
Events		Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50	Free	00:23.56	3.5%	23.86	26.17	00:24.29	7.0%	24.85	27.24	00:25.40	11.0%	25.40	28.05
100	Free	00:50.97	2.0%	52.00	57.46	00:53.78	7.5%	54.12	59.80	00:55.00	10.0%	55.71	1:01.61
200	Free	01:52.59	2.5%	1:55.04	2:07.11	01:56.14	5.0%	1:59.72	2:12.28	01:59.70	8.0%	2:03.36	2:16.30
400	Free	03:59.11	2.0%	4:03.93	4:29.52	04:06.91	5.5%	4:13.86	4:40.49	04:14.00	8.5%	4:21.57	4:49.01
800	Free			8:24.30	9:17.19			8:44.82	9:39.88			9:00.77	9:57.49
1500	Free	16:00.81	4.0%	16:03.92	17:45.04	16:23.87	6.5%	16:43.16	18:28.39	16:30.00	7.0%	17:13.64	19:02.06
100	Back	00:58.05	5.0%	57.49	1:03.52	01:00.41	9.0%	59.83	1:06.10	01:03.00	13.5%	61.65	1:08.11
200	Back	02:05.13	3.0%	2:06.56	2:19.84	02:11.36	8.0%	2:11.71	2:25.53	02:16.00	11.5%	2:15.71	2:29.95
100	Breast	01:05.64	6.0%	1:04.51	1:11.28	01:08.79	10.5%	1:07.14	1:14.18	01:11.0	14.0%	1:09.18	1:16.44
200	Breast	02:23.74	6.5%	2:20.85	2:35.62	02:29.26	10.0%	2:26.58	2:41.96	02:35.00	14.0%	2:31.04	2:46.88
100	Butterfly	00:55.72	4.0%	55.87	1:01.73	00:58.07	8.0%	58.14	1:04.24	00:59.80	11.0%	59.91	1:06.19
200	Butterfly	02:03.60	3.0%	2:05.31	2:18.46	02:09.94	8.0%	2:10.41	2:24.09	02:15.50	12.0%	2:14.37	2:28.47
200	Medley	02:07.25	4.0%	2:07.66	2:21.05	02:13.24	8.5%	2:12.86	2:26.80	02:16.00	10.5%	2:16.90	2:31.26
400	Medley	04:29.98	2.0%	4:36.03	5:04.98	04:43.81	7.0%	4:47.26	5:17.40	04:49.50	12.5%	4:55.99	5:27.04
		Gold	3.7%	4.0%	14%	Silver	7.7%	8.0%	18%	Bronze	11.0%	11.0%	21%
Male 17/18 Years													
Events		Gold	% WJ	BSA QT	NQ QT	Silver	% WJ	BSA QT	NQ QT	Bronze	% WJ	BSA QT	NQ QT
50	Free	00:23.11	9.0%	23.45	25.91	00:23.91	5.0%	24.41	26.97	00:24.60	8.0%	25.15	27.79
100	Free	00:50.60	1.5%	51.49	56.89	00:52.53	5.0%	53.58	59.20	00:54.00	8.0%	55.21	1:01.00
200	Free	01:51.15	1.0%	1:53.90	2:05.85	01:55.51	4.5%	1:58.53	2:10.97	01:57.80	6.5%	2:02.14	2:14.95
400	Free	03:57.22	1.5%	4:01.51	4:26.84	04:06.43	5.5%	4:11.34	4:37.71	04:09.00	6.5%	4:18.98	4:46.14
800	Free			8:19.29	9:11.66			8:38.61	9:34.12			8:55.80	9:51.56
1500	Free	15:53.77	3.0%	15:54.36	17:34.46	16:23.08	6.0%	16:33.21	18:17.39	16:25.00	6.5%	17:03.38	18:50.72
100	Back	00:56.78	3.0%	56.92	1:02.89	00:59.09	7.0%	59.24	1:05.45	01:01.80	11.5%	1:01.03	1:07.44
200	Back	02:03.22	1.5%	2:05.30	2:18.45	02:07.88	5.5%	2:10.40	2:24.08	02:13.00	9.0%	2:14.37	2:28.46
100	Breast	01:04.18	3.5%	1:03.87	1:10.57	01:05.70	6.0%	1:06.47	1:13.45	01:10.00	12.5%	1:08.49	1:15.68
200	Breast	02:18.59	2.5%	2:19.45	2:34.08	02:25.15	7.5%	2:25.13	2:40.35	02:33.80	13.0%	2:29.54	2:45.22
100	Butterfly	00:54.34	1.5%	55.31	1:01.11	000							